

## What to Bring to Camp Out (Basic) Training Checklist

- Completed [Health History/Activity Permission Form](#)
- Mess Kit (tableware, silverware, mug for hot or cold beverages)
- Appropriate dress, shoes and outerwear for the weather (dress in layers and consider rain gear, coat/jacket, hat, closed-toe shoes – no sandals or flip flops!)
- Sunscreen
- Insect Repellant
- Water Bottle
- Fold-up/Lawn Chair

***Remember to complete your Explore Out online webinar and quizzes prior to your Camp Out (Basic) training.***

***We look forward to seeing you in the great outdoors!***

