



# MedExpress

As a neighborhood medical center, MedExpress offers a range of urgent care, employer health, and basic wellness and prevention services. With warm, welcoming centers and a full medical team, patients can receive walk-in treatment for everyday illness and injury, including more advanced offerings such as X-rays, IVs, labs, minor surgery, stitches and treatment for broken bones, sprains, and strains. Centers are open every day from 8 a.m. to 8 p.m. with no appointments necessary in Nebraska communities that include Fremont, Grand Island, Lincoln, Norfolk, and the Omaha area.

## MEDEXPRESS FIRST AID PATCH

Interested in earning your MedExpress First Aid Patch? Troops can now visit their local MedExpress Center to do so. The visit begins with a center tour during which troops will meet the team and learn about careers in the medical field and how urgent care works. Troops will also learn about first aid and make their very own first aid kit to take home, along with their MedExpress First Aid Patch.

We can also bring the First Aid Kit demonstration to you! MedExpress can come to your summer camp, day camp, or Girl Scout meeting to do a First Aid Kit demonstration.

**Who:** Daisies, Brownies, and Juniors

**When:** Troop leaders can request a MedExpress First Aid Patch activity through our [Community Connections webpage](#). Each MedExpress Center manager has the autonomy to set-up dates that will work best for the troop and the center. Visits to MedExpress Centers are dependent upon staff availability and proximity to MedExpress Centers.

**Recognitions:** All participating girls will receive a MedExpress Fun Patch and First Aid Certificate.

**Cost:** Free

**Capacity:** Maximum of 15 girls per center tour.

**Where:** For a list of local centers, [visit our website](#).

[Click here to visit the MedExpress website.](#)