I Know the Girl Scout Promise and Law

Activity Sheet



Knowing the Girl Scout Promise and Law reminds us to do our best to be kind to others, respect ourselves, and to make the world a better place, and so much more. Practice the steps of the Promise and Law by completing at least one step under each section of the Law, then stop into a Girl Scout shop to purchase the Promise and Law fun patch. Each Fun Patch is $2.00.

Share the fun and show off your accomplishments by posting your photos and videos to our Facebook, Instagram, or Twitter feeds. Tag us with hashtag *#GirlScoutPromiseandLaw* or *#GSSN*—or email your pics/videos to **Marketing@girlscoutsnebraska.org**.

Honest and Fair

- ☐ Take Turns Spotting Colors of Birds in Nature
- ☐ Practice "Leave No Trace" on a Hike
- ☐ Work Together to Pack a Picnic Everyone Can Enjoy

Friendly and Helpful

- ☐ Do 3 Helpful Tasks Without Being Told
- ☐ Water Flowers or a Vegetable Garden
- ☐ Surprise A Neighbor or Family Member with Something Helpful/Kind

Considerate and Caring

- ☐ Give Someone a Card or Bouquet of Flowers
- ☐ Plant Wildflowers
- ☐ Make a Bird Feeder

Courageous and Strong

- ☐ Try An Activity That Usually Scares You
- ☐ Tell Someone Who Doesn't Live with You What You Love About Girl Scouts
- ☐ Invite A Non-Girl Scout Friend to a Troop Meeting

Responsible For What I Say and Do

- ☐ Intentionally Ask People How They Are Doing
- ☐ Pick A New Habit and Track It for 30 Days
- ☐ When Asked to Help, Do So Without Complaining

Respect Myself and Others

- ☐ Learn About Seasonal Produce and How They Support Your Health
- ☐ Ask An Older Person to Teach You How to Garden or Cook
- ☐ Make A Friendship Bracelet or Swap to Give to a Girl Scout

Respect Authority

- ☐ Wave To Police
- ☐ Make Cookies or a Gift Basket for Fire Fighters or Police
- ☐ Make A Card for a Teacher or Your Leader

Use Resources Wisely

- ☐ Make A Craft Out of Recycled Materials
- ☐ Create Bins to Sort Your Household Garbage
- ☐ Collect Can Pop Tops for Ronald McDonald House

Make The World A Better Place

- ☐ Spring Clean Your Closet and Donate Old Clothes and Toys
- ☐ Plant a Tree
- ☐ Research A Local Charity and Share Details with Your Troop

girl scouts spirit of nebraska